

ABSTRACT OF THE DISCLOSURE

Exercising machine (1) provided with a frame (10) (110) (210) and with at least one operating apparatus (30) (130) (230) which can be used to perform a physical exercise and comprising a load group (15) (115) (215) supported by the frame (10) (110) (210) and connected to the operating apparatus (30) (130) (230) by means of at least one cable (26) (126) (226) wound around a plurality of transmission members (25) (140) (240) supported by the frame (10) (110) (210) and arranged so as to define a path (P) for the cable (26) (126) (226) ; the load group (15) (115) (215) comprising at least two load units (16, 17) separate from each other and connected together by means of the said cable (26) (126) (226) and arranged at ends of the path (P) on opposite sides of the operating apparatus (30) (130) (230) so that the latter can be tensioned on respective opposite sides by means of different loads.

(Figure 1)